

協康會

「特殊教育需要學童照顧者嘉許計劃」2025 章程

前言:

育有特殊教育需要子女之照顧者在生命歷程中面對不少困難的處境和承擔着許多照顧壓力,但 他們為著對子女不捨不棄的愛而甘心付出。這種高尚的情操,實在需要在社會上加以表揚,讓 社會大眾瞭解到「無償」照顧者在社會上的重要性,並欣賞照顧者如何勇敢面對照顧崗位上的 困難和逆境。

活動目的:

為表揚及肯定育有特殊教育需要子女之照顧者的貢獻,本會特舉辦「特殊教育需要學童照顧者 嘉許計劃」2025,除了讓社會各界認同育有特殊教育需要學童照顧者的貢獻,亦希望能夠推廣 關愛互助的社區氣氛。

活動對象:

在學於學前單位、小學、中學及特殊學校內有特殊教育需要學童之照顧者(包括家長或親屬)。

評審準則:

- 1. 對被照顧者的態度
- 2. 與被照顧者的關係
- 3. 關顧被照顧者的能力
- 4. 個人的生活態度和特質

評審團成員:

將由結集不同界別的獨立評審團以大會評審準則選出傑出照顧者大獎及特別大獎

照顧者照顧歷程或生命故事之表述形式:

可選取以下其中一個形式表述:

- 文字(限1000字以內,內容可由提名人或照顧者自行表述)
- 短片(限於3分鐘以內,可由提名人或照顧者自行拍攝,形式可以是拍攝照顧者生活日常、 照顧者感受分享或提名人訪問照顧者等)

*備註:

- 如以文字表述,可另紙撰寫。
- 2. 如以短片演譯,影片格式需為 MP4、MOV、WMV 或 AVI,解像度不少於 720p,檔案大小不超過1 GB。請將短片儲存於一隻 CD/DVD 光碟或 USB 儲存裝置內,連同提名表格或自薦表格呈交或寄交。亦可選擇將短片上載至 Google Drive,然後將 Google Drive 連結連同提名表格或自薦表格發送往電郵信箱 carer. appreciation@heephong.org。

各獎項之評審流程:

獎項項目	評審流程
(1) 優異獎	- 第一輪評選:評審團透過提交的資料審視參加者的經歷或
	生命故事,在參加者中選出不少於20位優異獎
(2) 十大傑出照顧者大獎	- 從入圍名單中,再作第二輪評選,選出十大傑出照顧者
(3) 5 個傑出照顧者特別大獎	- 評審團透過面見或短片,進一步了解十大傑出照顧者,按
	其個人特質及對家庭的關愛和貢獻,選出5個特別大獎

獎項及獎品:

- 1. 傑出照顧者特別大獎 5 位-獎座及兩日一夜酒店雙人豪華客房住宿套票
- 2. 十大傑出照顧者大獎-獎座及禮券 \$1,000
- 3. 優異獎不少於20位-嘉許狀及紀念品乙份

所有得獎者及其提名人均會獲邀出席嘉許典禮暨聚餐,提名人可獲紀念品乙份

報名參加方法:

- 可經由提名人提名參加(獲照顧者同意參加後請填附件一: 照顧者提名表格,並需 邀請照顧者在第四部分:獲提名照顧者聲明及簽署一欄簽署)
- 2. 照顧者可以自薦方式參加(請填附件二: 照顧者自薦表格)
- 3. 將填妥表格連同參加者照顧歷程或生命故事之表述,於 31/3/2025(星期一)或 以前透過以下方式呈交:
 - A. 郵寄往協康會「特殊教育需要學童照顧者嘉許計劃」2025 工作小組 (地址: 九龍觀塘海濱道 133 號萬兆豐中心 10 樓 K 室)
 - B. 透過電郵發放至 carer.appreciation@heephong.org
- 4. 本會收件後會於 3 個工作天內透過電郵/電話通知提名人/自薦照顧者確實已收件,若提名 人/自薦照顧者於送出文件後 7 個工作天仍未收獲本會電郵/電話,請聯絡粉嶺家長資源中 心王雪濱主任(電話: 2656 6211),以便本會跟進。

評審結果公佈日期及嘉許典禮安排:

評審結果將於 2025 年 6 月初公佈,並預算於 2025 年 6 月下旬舉行的嘉許典禮中頒發獎項。

截止報名日期: 2025年3月31日(星期一)

查詢: 粉嶺家長資源中心 王雪濱主任 (電話: 2656 6211) 東涌家長資源中心 黃寶蓉主任 (電話: 2109 2262)

**備註:

- 1. 為表揚照顧者的付出及提升公眾人士對他們的關注及支持,本會將會邀請部份獲 獎的照顧者於嘉許典禮上分享獲獎感受/照顧心聲,本會將安排拍錄嘉許典禮過程 及心聲分享環節,片段有可能在公開場合或本會網站或 Facebook 播放,被提名或 自薦參加者需完全知悉及同意有關安排。
- 2. 所有遞交資料, 恕不退還。本會保留權利將所收集的資料, 及於嘉許禮中拍攝的相片/錄像用於製作相關刊物、日後推廣、教育及專業交流之用。
- 3. 本會會安排五位特別大獎的傑出照顧者進行短片拍攝,短片將放在協康會網頁內供市民瀏覽,宣揚育有特殊需要子女之照顧者的正能量。



協康會

「特殊教育需要學童照顧者嘉許計劃」2025 照顧者提名表格

第一部分:獲提名照顧者資料

#終電話:	卵甾甲	宣話:			領者的關係:
度照顧之特殊需要子女/家人的個人資料:				3 1 12 14	
姓名 性別 年齡 殘疾類別 1 2 第二部分:提名原因 青以不多於 500 字簡 述提名原因(內容請以評審準則撰寫,包括對被照顧者的態度、具有以不多於 500 字簡 述提名原因(內容請以評審準則撰寫,包括對被照顧者的態度、具有以不多於 500 字簡 述提名原因(內容請以評審準則撰寫,包括對被照顧者的態度、具有以不多於 500 字簡 述提名原因(內容請以評審準則撰寫,包括對被照顧者的態度、具有以不多於 500 字簡 述提名原因(內容請以評審準則撰寫)			人的個人資料	:	
1 2 第二部分:提名原因 青以不多於 500 字簡 述提名原因(內容請以評審準則撰寫,包括對被照顧者的態度、與					殘 疾 類 別
第二部分:提名原因 青以不多於 500 字簡述提名原因(內容請以評審準則撰寫,包括對被照顧者的態度、與	1				
第二部分:提名原因 青以不多於 500 字簡述提名原因(內容請以評審準則撰寫,包括對被照顧者的態度、與					
青以不多於 500 字簡述提名原因(內容請以評審準則撰寫,包括對被照顧者的態度、與	2				
青以不多於 500 字簡述提名原因(內容請以評審準則撰寫,包括對被照顧者的態度、與					
	帛二 音	邓分:提名原因			
皮照顧者的關係、關顧被照顧者的能力、個人的生活態度和特質等,可另紙撰寫。)	青以不	下多於 500 字簡述打	提名原因(內)	容請以評審準則	刊撰寫,包括對被照顧者的態度、與
	皮照顧	者的關係、關顧被照	顧者的能力、個	固人的生活態度	和特質等,可另紙撰寫。)
	~~~		PX-11 44 70074		
					_

## 第三部分: 照顧者照顧歷程或生命故事之表述形式

請揀選其中一項形式表述照顧者的照顧歷程或生命故事(內容請以評審準則表述,包括:對被照 顧者的態度、與被照顧者的關係、關顧被照顧者的能力、個人的生活態度和特質等。)

- □ 文字 (限1000字以內,內容可由提名人或照顧者自行表述)
- □ 短片 (限於 3 分鐘以內,可由提名人或照顧者自行拍攝,形式可以是照顧者生活日常紀錄、 照顧者感受分享或提名人訪問照顧者等)

#### *備註:

- 1. 如以文字表述,可另紙撰寫。
- 2. 如以短片演譯,影片格式需為 MP4、MOV、WMV 或 AVI,解像度不少於 720p,檔案大小不超過1 GB。請將短片儲存於一隻 CD/DVD 光碟或 USB 儲存裝置內,連同提名表格或自薦表格呈交或寄交。亦可選擇將短片上載至 Google Drive,然後將 Google Drive 連結連同提名表格或自薦表格發送往電郵信箱 carer.appreciation@heephong.org。

## 第四部分:獲提名照顧者聲明及簽署

- 1. 本人同意由以下提名中心/單位推薦本人參與協康會「特殊教育需要學童照顧者嘉 許計劃」2025,並証明此表格所提供之資料真實無訛。
- 2. 本人同意出席於 2025 年 6 月下旬舉行的協康會「特殊教育需要學童照顧者嘉許計劃」2025 嘉許禮暨聚餐(活動詳情容後公佈)。
- 3. 本人明白及同意協康會使用及保存此表格內有關本人及被照顧人士的個人資料及照片/錄像,及其後於活動過程中所得的照片/錄像用於製作相關刊物、日後推廣、教育及專業交流之用。

獲	提	名	照	顧	者姓	名	: _		簽	署:	_	日期:	
<u>第五</u>	. 部	分	:	提	名服	<b>人務</b>	中	心/單位資料					
提名	中	Ü	/ 呈	單位	1.名言	稱:	_						
提名	人	姓	名	:									<u>(</u> 先生/女士)
提名	人	職	銜	:									
聯絡	電	話	:							_傳真號碼:			
電郵	信	箱	:										
提名	人	簽	署	:				日期:					
											-		
												服務中	心/單位印鑑

#### **備註:

- 1. 請於 2025 年 3 月 31 日(星期一)或以前填妥本表格連同參加者照顧歷程或生命故事之表述,透過以下方式呈交:
  - A. 郵寄往協康會「特殊教育需要學童照顧者嘉許計劃」2025 工作小組 (地址: 九龍觀塘海濱道 133 號萬兆豐中心 10 樓 K 室)
  - B. 透過電郵發放至電郵信箱: carer.appreciation@heephong.org
- 2. 本會收件後會於 3 個工作天內透過電郵/電話通知提名人/自薦照顧者確實已收件,若提名 人或自薦照顧者於送出文件後 7 個工作天仍未收獲本會電郵/電話,請聯絡粉嶺家長資源中 心王雪濱主任(電話: 2656 6211),以便本會跟進。
- 3. 所有遞交資料,恕不退還。



# 協康會 「特殊教育需要學童照顧者嘉許計劃」2025 照顧者自薦表格

第一部分: 照顧者資料 姓名:______(先生/女士) 與被照顧者的關係:_____ 聯絡電話: ______ 電郵信箱: _____ 通訊地址: 被照顧之特殊需要子女/家人的個人資料: 姓名 性別 年龄 殘疾類別 1 2 第二部分: 照顧者照顧歷程或生命故事之表述形式 請揀選其中一項形式表述照顧者的照顧歷程或生命故事(內容請以評審向度及準則表述,包括: 對被照顧者的態度、與被照顧者的關係、關顧被照顧者的能力、個人的生活態度和特質等。) □ 文字 (限 1000 字以內,可在下行填寫或另紙撰寫。)

在片(限於3分鐘以內,內容可以是照顧者生活日常紀錄、照顧者感受分享等)	
<b>E:</b>	
如以文字表述,可另紙撰寫。	
如以短片演譯,影片格式需為 MP4、MOV、WMV 或 AVI,解像度不少於 720p,檔案大	小不超
過1GB。請將短片儲存於一隻 CD/DVD 光碟或 USB 儲存裝置內,連同提名表格或自,	薦表格
呈交或寄交。亦可選擇將短片上載至 Google Drive,然後將 Google Drive 連結連	
	同提名
表格或自薦表格發送往電郵信箱 carer. appreciation@heephong. org。	同提名
	同提名
表格或自薦表格發送往電郵信箱 carer. appreciation@heephong. org。 <u>部分: 照顧者自我聲明及簽署</u> 人同意參與協康會「特殊教育需要學童照顧者嘉許計劃」2025,並証明此表格	

- 2. 本人同意出席於 2025 年 6 月下旬舉行的協康會「特殊教育需要學童照顧者嘉許計 劃」2025 嘉許禮 (活動詳情容後公佈)。
- 3. 本人明白及同意協康會使用及保存此表格內有關本人及被照顧人士的個人資 料及照片/錄像,及其後於活動過程中所得的照片/錄像用於製作相關刊物、日 後推廣、教育及專業交流之用。

自薦照顧者姓名:	<b>2</b>	簽署:	日期:

#### **備註:

- 1. 請於 2025 年 3 月 31 日(星期一) 或以前填妥本表格連同參加者照顧歷程或生命故 事之表述,透過以下方式呈交:
  - A. 郵寄往協康會「特殊教育需要學童照顧者嘉許計劃」2025工作小組 (地址:九龍觀塘海濱道 133 號萬兆豐中心 10 樓 K 室)
  - B. 透過電郵發放至電郵信箱: carer.appreciation@heephong.org
- 2. 本會收件後會於 3 個工作天內透過電郵/電話通知提名人/自薦照顧者確實已收件,若提名 人或自薦照顧者於送出文件後7個工作天仍未收獲本會電郵/電話,請聯絡粉嶺家長資源中 心王雪濱主任 (電話: 2656 6211),以便本會跟進。
- 3. 所有遞交資料, 恕不退還。



## **Heep Hong Society**

# Programme Details of the "Appreciation Campaign for Carers of Children with Special Educational Needs" 2025

#### **Preface:**

Carers of children with Special Educational Needs (SENs) face many adversities and bear a lot of caring pressures throughout their life journey. However, they willingly dedicate themselves out of their unwavering love for their children. This noble spirit deserves recognition in society, helping the public understand the importance of "unpaid" carers and appreciating how they bravely combat the difficulties and adversities in their caregiving roles.

#### **Objectives:**

To appreciate and affirm the contributions of carers with children with SENs, Heep Hong Society is launching the "Appreciation Campaign for Carers of Children with Special Educational Needs" 2025. This initiative aims not only to acknowledge the contributions of these carers in our society, but also to promote a community atmosphere of care and mutual support.

#### **Target Groups:**

Carers (including parents or relatives) of children with SENs who are studying in pre-primary units, primary schools, secondary schools and special schools.

#### **Judging Criteria:**

- 1. Attitude towards the care recipient
- 2. The relationship with the care recipient
- 3. The ability to care for the care recipient
- 4. Personal attitude and traits towards life

#### **Judging Panel Members:**

An independent judging panel comprising members from various sectors will select the Outstanding Carer Special Awards and the Special Awards based on the judging criteria.

## Presentation of the Carer's Care Journey or Life Story:

Carers may choose one of the following formats to present:

- Text (Limited to 1,000 words, content can be presented by either the nominator or the carer.)
- Short Video (Limited to 3 minutes and can be filmed by either the nominator or the carer. The format may include daily life footage of the carer, sharing of the carer's feeling, or an interview with the carer by the nominator.)

## *Notes:

- 1. If it is presented in words, it can be written on a separate paper.
- 2. If submitting a short video, the format of video should be in MP4, MOV, WMV, or AVI. The resolution should not be less than 720p and the file size should not exceed 1 GB. Please save the video on a CD/DVD or USB storage device and submit it together with the nomination form or self-nomination form. You can also upload the video to Google Drive and send the Google Drive Link together with the nomination form or self-nomination form to the email address: <a href="mailto:carer.appreciation@heephong.org">carer.appreciation@heephong.org</a>.

#### **Judging Process for the Awards:**

	Awards		Judging Process
(1)	Merit Awards	_	The first round of judging The judging panel examines the carers' experiences or life story through the submissions. No less than 20 Merit awardees will be selected among the participants.
(2)	Top Ten Outstanding Carers Awards	-	From the shortlist, a second round of selection will be conducted to select the Top Ten Outstanding Carers.
(3)	Five Outstanding Carers Special Awards	-	The prestigious judging panel will further understand the Top Ten Outstanding Carers through interviews or videos and select Five Outstanding Carers Special Awards based on individual qualities and their contributions to the care recipient and the family.

#### **Awards and Prizes:**

- 1. 5 Outstanding Carers Special Awards a trophy & 1-night stay package in hotel deluxe double room
- 2. Top Ten Outstanding Carers Awards a trophy & \$1000 shopping coupons
- 3. No less than 20 winners of the Merit Awards a certificate of appreciation and souvenir The nominators of awardees will receive a souvenir.

#### **Application Method:**

- Carers can apply through nomination (with the carer's consent and please fill in Attachment 1: Carer Nomination Form and ensure the nominated carer signs in Section 4: Declaration and Signature of Nominated Carer.)
- 2. Carers can apply by self-nomination (Please fill in Attachment 2: Carer Self-Nomination Form.)
- 3. Complete forms, along with a presentation of the carer's care journey or life story, must be submitted by March 31, 2025 (Monday) via one of the following methods:
  - A. Mail to the "Working Group on Appreciation Campaign for Carers of Children with Special Educational Needs 2025" at Heep Hong Society (Address: Unit K, 10/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon).
  - B. Email to carer.appreciation@heephong.org.
- 4. The nominator/self-nominating carer will be notified by email/phone within 3 working days after receiving their application. If the nominator/self-nominating caregiver has not received a confirmation email or phone call within 7 working days after submission, please contact Ms. Wong Suet Pan at the Fanling Parents Resource Centre (Phone No.: 2656 6211) for follow-up.

#### **Announcement of Result and Arrangement of Award Presentation Ceremony:**

The judging results will be announced in early June 2025. All awardees and their nominators will be invited to attend the Award Presentation Ceremony with meal gathering to be held in late June 2025, details of which will be announced later.

Application Deadline: March 31, 2025 (Monday)

Inquiries: Fanling Parents Resource Centre Ms. Wong Suet Pan (Phone No.: 2656 6211)

Tung Chung Centre Ms. Wong Po Yung (Phone No.: 2109 2262)

#### **Note:

- 1. To recognize the contributions of carers and to raise public awareness and support for them, Heep Hong Society will invite some of the award-winning carers to share their feelings about receiving the award and their caregiving experiences during the Award Presentation Ceremony. We will record the ceremony and the sharing session, and these clips may be played in public or on the Heep Hong Society's website or Facebook page. Nominees and self-nominating participants must fully understand and agree to these arrangements.
- 2. All submitted materials will not be returned. Heep Hong Society reserves the right to use the collected information, as well as photos and videos taken during the Award Presentation Ceremony, to produce related publications, service promotions, educational purposes, and professional exchanges in the future.
- 3. We will arrange for the Five Outstanding Carers with Special Awards to participate in short video shoots, which will be posted on the Heep Hong Society website for public viewing to promote the positive energy of carers of children with special needs.



# **Heep Hong Society**

"Appreciation Campaign for Carers of Children with Special Educational Needs" 2025

# **Carer Nomination Form**

# Section 1: Nominated Carer's Information

Name	: <u> </u>	(Mr./	Ms.) Relation	ship with Care Recipient:
Contac	t Number:		Email Add	dress:
	g Address :			
Person	al Information of the C	Care Recipient with	n Special Educat	tional Needs:
	Name	Gender	Age	Type of Special Needs
1				
2				
C+: -		No wai wati a w		
	on 2: Reasons for summarize the reason		on in no more t	han 500 words (the contents should be
writter	n from the perspective	of the judging crite	eria, including th	he nominee's attitude towards the care
		, , ,		to care for the person being cared for,
•	•	•	•	
person	iai attituues and traits	iowards life, etc. 1	ou may write tr	nis on a separate sheet).
				<del></del>
-				
-				

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Ple cor tov bei	ase choose one of the following formats to present the carer's care journey or life story (the ntents should be articulated from the perspective of the judging criteria, including: the attitude wards the care recipient, the relationship with the care recipient, the ability to care for the person ng cared for, personal attitudes and traits towards life, etc)  Text (limited to 1000 words; contents can be expressed by the nominator or carer themselves)  Video (limited to 3 minutes; can be filmed by the nominator or caregiver; formats may include daily life recordings of the carer, sharing of the carer's feelings, or interviews with the caregiver by the nominator, etc.)
1. I 2. I s (	otes: If it is presented in words, it can be written on a separate paper. If submitting a video, the format of video should be in MP4, MOV, WMV, or AVI. The resolution should not be less than 720p and the file size should not exceed 1 GB. Please save the video on a CD/DVD or USB storage device and submit it together with the nomination form or self-nomination form. You can also upload the video to Google Drive and send the Google Drive link together with the nomination form or self - nomination form to the email address carer.appreciation@heephong.org.
Sec	ction 4: Declaration and Signature of Nominated Carer
1.	I hereby consent to being recommended by the following nomination center/unit to participate in the <b>Heep Hong Society "Appreciation Campaign for Carers of Children with Special Educational Needs" 2025</b> , and I certify that the information provided in this form is true and accurate.
2.	I agree to attend the Award Presentation Ceremony for the Heep Hong Society "Appreciation Campaign for Carers of Children with Special Educational Needs" 2025, scheduled to be held in late June 2025 (details of the event will be announced later).
3.	I understand and agree that the Heep Hong Society may use and retain the personal information and photographs/videos related to myself and the care recipient provided in this form, as well as any photographs/videos obtained during the event, for producing relevant publications and for promotional, educational, and professional exchange purposes in the future.
N	Name of nominated carer: Signature: Date:

## Section 5: Information of Nominating Centre/Unit

Name of Nominating Centre/Unit:		
Name of Nominator:		(Mr./Ms. )
Nominator's Title:		
Contact Phone Number:		
Email Address:		
Nominator's Signature:		
	_	
		Seal of Service Center/Unit

#### **Note:

- 1. Please complete this form **on or before March 31, 2025 (Monday)** and submit it together with presentation of the carer's care journey or life story by one of the following means:
  - A. Mail to Heep Hong Society " Working Group on Appreciation Campaign for Carers of Children with Special Educational Needs" 2025

(Address: Unit K, 10/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon).

- B. Email to carer.appreciation@heephong.org.
- 2. The nominator/self-nominating carer will be notified by email/phone within 3 working days after receiving the letter. If the nominator/self-nominating caregiver has not received a confirmation email or phone call within 7 working days after submission, please contact Ms. Wong Suet Pan at the Fanling Parents Resource Centre (Phone No: 2656 6211) for follow-up.
- 3. All submitted information will not be returned.



# **Heep Hong Society**

"Appreciation Campaign for Carers of Children with Special Educational Needs" 2025

# **Carer's Self-Nomination Form**

# **Section 1: Carer's Information**

Name	:	(Mr./Ms.)	Relationship v	vith Care Recipient:			
Conta	ct Number:	E	mail Address:				
Mailir	ng Address:						
Person	Personal Information of the Care Recipient with Special Educational Needs:						
	Name	Gender	Age	Type of Special Needs			
1							
2							
Soction	on 2: Formats to Prese	nt the Carer's (	Caro lournoy or	Life Story			
				urney or life story (the contents should			
be arti	culated from the perspe	ctive of the jud	lging criteria, ind	cluding: the attitude towards the care			
recipie	nt, the relationship with	the care recipi	ent, the ability t	o care for the care recipient, personal			
-	es and traits towards life,	•	,	. ,,			
	t (Limited to 1,000 words	•	ten on a senarat	e naner)			
	t (Limited to 1,000 Words	, it can be write	ien on a separat	c paper.,			

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	Short Video (limited to 3 minutes, the contents can be a daily record of the carer's life, sharing of the carer's feelings, etc.)
**[	Note:
1. I	f it is presented in words, it can be written on a separate paper.
	f submitting a video, the format of video should be in MP4, MOV, WMV, or AVI. The resolution
	should not be less than 720p and the file size should not exceed 1 GB. Please save the video on a
	CD/DVD or USB storage device and submit it together with the nomination form or self-
	nomination form. You can also upload the video to Google Drive and send the Google Drive Link
	ogether with the nomination form or self - nomination form to the email address
9	carer.appreciation@heephong.org.
_	
	ction 3: Carer's Self-Declaration and Signature
1.	I hereby consent to participate in the <b>Heep Hong Society "Appreciation Campaign for Carers of</b> Children with Special Educational Needs" 2025, and beautiful that the information provided in
	<b>Children with Special Educational Needs" 2025</b> , and I certify that the information provided in
2	this form is true and accurate.
2.	I agree to attend the Award Presentation Ceremony for the Heep Hong Society "Appreciation
	Campaign for Carers of Children with Special Educational Needs" 2025, scheduled to be held
2	late June 2025 (details of the event will be announced later).
3.	I understand and agree that the Heep Hong Society may use and retain the personal information
	and photographs/videos related to myself and the care recipient provided in this form, as well as
	any photographs/videos obtained during the event, for producing relevant publications and for
	future promotional, educational, and professional exchange purposes in the future.
S	Self-nominating Carer's Name: Signature: Date:

#### **Note:

- 1. Please complete this form **on or before March 31, 2025 (Monday)** and submit it together with presentation of the carer's care journey or life story by the following means:
  - A. Mail to Heep Hong Society "Working Group on Appreciation Campaign for Carers of School-Age Children with Special Educational Needs" 2025

    (Address: Unit K, 10/F, MG Tower, 133 Hoi Bun Road, Kwun Tong, Kowloon).
  - B. Email to <arer.appreciation@heephong.org.
- 2. The nominator/self-nominating carer will be notified by email/phone within 3 working days after receiving the letter. If the nominator/self-nominating caregiver has not received a confirmation email or phone call within 7 working days after submission, please contact Ms. Wong Suet Pan at the Fanling Parents Resource Centre (Phone No.: 2656 6211) for follow-up.
- 3. All submitted information will not be returned.